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PARENT UNIVERSITY

SLEEP TRAINING WORKSHOP

FACILITATOR: Amy Kaye, M.S., *Sleep and Behavioral Specialist*
www.solutionswithamy.com

Say GOODBYE TO SLEEPLESS NIGHTS for you and your child! If sleep is a struggle in your home, Join us and learn the best tactics to get your little ones and you restful nights of sleep.

REGISTER : Call us at **516-767-3808** or E-mail us at info@parentresource.org
(min of 5 registrants needed for workshop)

FEE : \$15 members / \$20 non-members

DATE : 16th October 2017

TIME : 12:30 pm To 2:00 pm
(Baby sitting available - Call to reserve spot)

WHERE: Parent Resource Center
232 Main Street , Port Washington, NY
(Lower level of Landmark Building)